

## **BUCHIMISH**

### **Rhythm 15/8 - QQQSQQ**

#### **From West Thrace, Ihtiman region**

This unusual rhythm can be found only in West Thrace and Shopluk areas. One measure has 7 beats and the longest one is on the 5<sup>th</sup> place. This is a mixed dance with hands on the belts. The leader says the commands for changing the figures in the dance. "Buchimish" consists of 3 figures. Line of Direction (LOD) is the ride side in the circle.

**ATTENTION!!!** I will describe the dance with "steps", but you have to remember they can be danced as "leaps"-depending on the abilities of the dancers.

#### **Figure 1 – 4 meas.**

##### Meas.1-facing LOD

- 1.Step on R ft to LOD
- 2.Step on L ft to LOD
- 3,4-same as 1,2
- 5.Step on R ft to LOD
- 6.Hop on R ft
- 7.Step on L ft to LOD

##### Meas.2-same as Meas.1

##### Meas.3-facing LOD

- 1,2,3,4-same as 1 to 4 from Meas.1
- 5.Step on R ft while turning to facing center
- 6.Hop on R ft
- 7.Step on L ft behind R ft

##### Meas.4-facing center, but moving to R side in the circle

- 1.Step on R ft to R side
- 2.Step on L ft behind R f
- 3,4-same as 1,2
- 5.Step on R ft to R side while twisting L knee in front of R ft
- 6.Hop on R ft
- 7.Step on L ft across R ft

When we repeat Figure 1 second time, the last- 4 th meas. is different

##### Meas.4 - facing center

- 1.Step on R ft to R side
- 2.Step on L ft behind R ft
- 3,4-same as 1,2
- 5.Jump on both feet apart in place – "hlopka"
- 6.Close the feet
- 7.Hold

#### **Figure 2 - 4 meas.**

##### Meas.1-facing center

- 1.Step on R ft to R side
- 2.Step on L ft behind R ft
- 3, 4 – same as 1, 2
- 5.Step on R ft to R side, while L ft goes in the air to L side-ready for "hlopka"
- 6."Hlopka"- close L ft next to R ft
- 7.Hold (Pause)

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Meas.2 – same as Meas.1, but with opposite footwork and to L side. The last 7<sup>th</sup> beat is different – R ft goes to R side-ready for “hlopka”.

Meas.3 – facing center

- 1.”Hlopka” – R ft closes next to L ft
- 2.R ft goes to R side in the air
- 3, 4 – same as 1, 2
- 5.Stamp with R heel diagonally right, while lifting on L ft
- 6.Stamp with R heel straight fwd, while lifting on L ft
- 7.Lean onto R ft next to L ft, while L ft does to L side in the air-ready for “hlopka”

Meas.4 – facing center

- 1.”Hlopka” – L ft closes next to R ft
- 2.L ft goes to L side in the air
- 3, 4 – same as 1, 2
- 5.Stamp with L heel diagonally left, while lifting on R ft
- 6.Stamp with L heel straight fwd, while lifting on R ft
- 7.Lean onto L ft next to R ft

**Figure 3** – 4 meas.

Meas.1- facing center

- 1.Step on R ft fwd – toward center
- 2.Step on L ft fwd
- 3,4-same as 1,2
- 5.Step on R ft fwd
- 6.Hop on R ft
- 7.Step on L ft fwd

Meas.2 – facing center

- 1.Step on R ft in place
- 2.Stamp on L heel next to R toes
- 3.Step on L ft in place
- 4.Stamp on R heel next to L toes
- 5.Step on R ft in place, while kicking fwd with L ft
- 6.Lean onto L ft in place
- 7.Stamp on R heel next to L toes – keep the weight on L ft

Meas.3, 4 – same as Meas.1, 2, but backward

**Sequence:** Introduction - 4 meas

Figure 1 – 4 meas – 2 times

Figure 2 – 4 meas – 2 times

Figure 3 – 4 meas – 2 times

Alternate the figures in this sequence to the end of the melody.

