

**ANGELINA**  
**Rhythm 7/8 b – SQQ**  
**From Pirin folk area**

This is a mixed, led dance, with a shape of open circle. LOD - right side in the circle. Hands – held in W position.

**Figure 1 – 5 meas.- facing center**

Meas.1

**Arms:** W position

- 1.Step on R ft to R side in the circle
- 2.Step on L ft behind R ft
- 3.Hold (Pausa)

Meas.2

**Arms:** Go down to V poss.

- 1.Step on R ft to R side in the circle  
+ Step on L ft behind R ft
- 2.Step on R ft to R side in the circle
- 3.Step on L ft across R ft

**Arms:** Go up to W poss.

Meas.3

- 1.Touch R toes to R side, while bouncing L knee
- 2.Lift on L ft, while R ft is moving fwd
- 3.Step on R ft in front of L ft

Meas.4

- 1.Touch L toes to L side
- 2.Touch L toes in from of R ft
- 3.Hold (Pausa)

Meas.5

- 1.Kick down fwd with L ft
- 2.Bounce with R knee, while L ft is drawing circle from fwd to behind R ft
- 3.Step on L ft behind R ft

**Figure 2 – 10 meas. – facing center**

Meas.1 to 5 – same as Meas.1 to 5 from Figure 1

Meas.6

**Arms:** W position

- 1.Step on R ftfwd-toward center
- 2.Touch L toes behind R ft, in the way that L heel is turned to R side
- 3.Hold

Meas.7

- 1.Step on L ftkwd
- 2.Touch R toes fwd with open knee
- 3.Hold

Meas.8

- 1.Kick down fwd with R ft
- 2.Bounce with L knee, while R ft is drawing circle from fwd to behind L ft
- 3.Step on R ft behind L ft

Meas.9

- 1.Touch L toes fwd with open knee
- 1.Touch L toes diagonally right with open knee
- 2.TouchL toes fwd with open knee

## ANGELINA

Meas.10

- 1.Kick down fwd with L ft
- 2.Bounce with R knee, while L ft is drawing circle from fwd to behind R ft
- 3.Step on L ft behind R ft

### **Sequence:**

Introduction – 22 meas.

Figure 1 – 5 meas. - 5 times – during the song

Figure 2 – 10 meas. – 2 times - during the instrumental part

Alternate the figures in this sequence to the end of the song.

