

## DOSMANOVATA

### Rhythm 2/4

#### From Byala village, Sliven region, Thrace

This is a mixed, led dance, basically to the right side in the circle. The hands are held down. The dance has only one figure of 18 measures.

#### Figure 1 – 18 meas.

Meas.1 – facing center

1.Step on L ft fwd – toward center

2.Lift on L ft

Meas.2 – facing center

1.Step on R ft fwd – toward center

2.Lift on R ft

Meas.3 – facing center

1.Step on L ft bkwd

2.Lift on L ft

Meas.4 – facing center

1.Step on R ft bkwd

2.Lift on R ft

Meas.5 to 8 – same as meas.1 to 4

Meas.9 – facing center

1.Step on L ft to L side

2.Step on R ft behind L ft

Meas.10 – facing R side in the circle

1.Step on L ft to L side

2.Hop on L ft, while turning to R side in the circle

Meas.11 – facing R side in the circle

1.Leap onto R ft fwd – to R side

2.Leap onto L ft fwd – to R side

Meas.12 – same as Meas.11

Meas.13 – facing center

1.Leap onto R ft to R side, while turning to facing center

2.Leap onto L ft behind R ft

Meas.14 – facing center

1.Leap onto R ft in place

2.Hop on R ft

Meas.15 – facing center

1.Leap onto L ft to L side

2.Leap onto R ft across L ft

Meas.16 – facing center

1.Leap onto L ft to L side

2.Leap onto R ft behind L ft

Meas.17, 18 – same as Meas.15, 16

#### Arms:

Go up to W position gradually for Meas.1,2

Go down to V position gradually for Meas.3,4

The arms sway fwd  
The arms sway bkwd

Go up to W position

Go down to V position

**Sequence:** Introduction – 16 meas.