

## **MALESHEVSKO DOBRILASHKO**

### **Rhythm 2/4**

**From Pirin folk area - DobriLakivillage in Maleshevomnts.,Sandanski region.**

It is a mixed dance, in an open circle with basic LOD – right side in the circle-counter-clockwise. Hands – on the belts.

#### **Figure 1 – 8 meas.**

##### **Meas.1 – facing center**

- 1.Step on R ft to R side
- 2.Step on L ft behind R ft

##### **Meas.2 – facing center**

- 1.Step on R ft to R side  
+ Step on L ft behind R ft
- 2.Step on R ft to R side  
+ Hold ( Pausa)

##### **Meas.3 – facing center**

- 1.Step on L ft across R ft to R side  
+ Step on R ft to R side
- 2.Step on L ft across R ft to R side  
+ Hold

##### **Meas.4 – facing center**

- 1.Step on R ft to R side  
+ Step on Lft across R ft to R side
- 2.Step on R ft to R side  
+ Hold

##### **Meas.5 – facing L side in the circle**

- 1.Step on L ftfwd – to L side in the circle
- 2.Step on R ftfwd – to L side

##### **Meas.6 – facing center**

- 1.Jump on both feet
- 2.Hop on L ft, while R ft kicking fwd

##### **Meas.5 – facing center**

- 1.Step on R ftkwd, while slightly bending the body fwd  
+Step on L ft in place
- 2.Step on Rft next to L ft

##### **Meas.8 – facing center**

- 1.Step on L ft to L side in the circle  
+Step on R ft behind L ft
- 2.Step on L ft next to R ft  
+Hold

**Sequence:** Introduction – 8 meas.

