

PLETENO HORO
Rhythm 13/8 - QQQSQQ
From West Thrace

The dancers form an open circle, facing to the right side in the circle. Hold down the hands.
LOD – right side in the circle.

Figure 1 – 4 meas.

Meas.1 – **facing LOD**

- 1.Step on R ftfwd to LOD
- 2.Step on L ftfwd to LOD
- 3.Step on R ftfwd to LOD
- 4.Step on L ftfwd to LOD
- 5.Hop on L ftfwd to LOD
- 6.Step on R ftfwd to LOD

Meas.2

- 1.Step on Lftfwd to LOD
- 2.Step on Rftfwd to LOD
- 3.Step on Lftfwd to LOD
- 4.Step on Rftfwd to LOD
- 5.Hop on R ft in place, while facing center
- 6.Step on L ft behind R ft

Meas.3 – **facing center**

- 1.Step on R ft to LOD
- 2.Step on L ft behind R ft
- 3.Step on R ft in place
- 4.Step on L ftfwd – toward center
- 5.Hop on L ft in place
- 6.Step on R ft in place

Meas.4 – **facing center**

- 1.Click with L ft next to Rft
- 2.Hold (Pausa)
- 3.Step on L ftbkwd
- 4.Step on R ft in place
- 5.Hop on R ft in place, while **turning to LOD**
- 6.Step on L ftfwd to LOD

!!!! When we repeat Figure 1 the 4th time we finish facing center!

Figure 2 – 4 meas. – **facing center** – “Napred-nazad”(“Forward-backward “)

Meas.1

- 1.Hop on L ft in place
- 2.Step on R ft in place
- 3.Hop on R ft in place
- 4.Step on L ft in place
- 5.Hop on L ft in place
- 6.Step on R ft in place,while moving L ft apart-ready to click – “**Hlopka**”

Meas.2

- 1.Click on L ft next to R ft
- 2.Step on R ft in place, while moving L ft apart-ready to click – **“Hlopka”**
- 3.Click on L ft next to R ft
- 4.Step on R ft in place, while moving L ft apart-ready to click – **“Hlopka”**
- 5.Hop on R ft in place
- 6.Step on L ft in place

Meas.3

- 1.Step on R ftfwd –toward center
- 2.Step on L ftfwd, bending the knee
3,4,5,6 – same as 1,2

Meas.4

- 1.Hop on L ftbkwd, while moving R ft behind –**“Plitka”**
- 2.Step on R ft behind L ft
3,4,5,6 – same as 1,2, but alternating the feet and footwork

Attention! When we repeat the figure second time, we do that with opposite footwork.

Figure 3 – 4 meas. – **facing center** – **“Dyasno-lyavo”**(**“Right-left”**)

Meas.1- **moving Right side**

- 1.Step on R ft to LOD
- 2.Step on L ft behind R ft
3,4 – same as 1,2
- 5.Step on R ft in place
- 6.Step on L ft across R ft and facing R diagonal

Meas.2

- 1.Step on R ftbkwd
- 2.Step on L ft in place
3,4 – same as 1,2
- 5.Hop on L ft in place, while turning to facing center
- 6.Step on R ft across L ft

Meas.3,4 – same as Meas.1,2, but with opposite footwork and **to the Left side**

Sequence: Introduction – 10 meas.

Figure 1 – 4 meas. – 4 times;

Figure 2 – 4 meas. – 2 times;

Figure 3 – 4 meas. – 2 times.

Alternate the figures in this sequence to the end of the melody!

