

DZHANGURITSA
Rhythm 9/16 a- QQQS
From Pirin folk area

DZHANGURITSA is a mixed, led dance, with LOD - to the right side in the circle. The hands are held down and in W position.

Figure 1 – 4 meas.

Meas.1 – facing LOD – R side

Arms: Hold down in V position

- 1.Step on R ftfwd to LOD
- 2.Step on L ftfwd to LOD
- 3.Step on R ftfwd to LOD
- 4.Lift on R ftfwd to LOD
+Step on L ftfwd to LOD

Meas.2 – facing LOD – R side

- 1.Step on R ftfwd to LOD
- 2.Step on L ftfwd to LOD
- 3.Hook with R ft in front of L ft, while lifting on L ft
- 4.Leap onto R ftfwd to LOD
+ Leap onto L ftfwd to LOD

Meas.3 – facing center

- 1.Step on R ft to R side
- 2.Step on L ft behind R ft
- 3.Hop on L ft in place, while R ft is kicking fwd
- 4.Hop on L ft, while R ft is drawing circle from fwd to bkwd-behind L ft
+ Step on R ft behind L ft

Meas.4 – same as Meas.3, but to L side with opposite footwork

Figure 2 – 4 meas.

Meas.1 – facing diagonally left

Arms: V position.

- 1.Stamp R heel fwd – diagonally left
- 2.Step on R ft in place
- 3.Hop on R ft in place, while kicking low down fwd with L ft
- 4.Hop on R ft, while turning to facing R side
+ Step on L ftfwd to R side

Meas.2 – facing LOD – R side

- 1.Leap onto R ftfwd to LOD
+ Leap onto L ftfwd to LOD
- 2.Step on R ftfwd to LOD
- 3.Step on L ftfwd to LOD
- 4.Lift on L ftfwd in place, while turning to facing center
+Step on R ftfwd next to L ft

Meas.3 – facing center

- 1.Touch L toes fwd – toward center with open knee, while lifting R ft
- 2.Touch L toes diagonally left with open knee, while lifting R ft
- 3.Touch L toes fwd – toward center with open knee, while lifting R ft
- 4.Lift on R ft, while L ft is moving bkwd-behind R ft
+ Leap onto L ft behind R ft

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Meas.4 – facing center

1. Leap onto R ft in place
+ Leap onto L ft in place – behind R ft
2. Leap onto R ft, while twisting L heel up in the air behind R leg
3. Leap onto L ft, while twisting R heel up in the air – across L leg
4. Leap onto R ftbkwd – next to L ft
+ Leap onto L ft in place

Sequence:

Introduction – 4 meas.

Figure 1 – 4 meas. – 4 times

Figure 2 – 4 meas. – 4 times.

Alternate the figures in this order to the end of the melody.

